

# What this packet contains...

Notes about the con	Pg 2
What is this con all about?	Pg 3
Directions and what to bring	Pg 4
RSVP	Pg 5
QuOM YAC Elections	Pg 6
Youth Registration Form	Pg 7
KinderQuOM Rules	Pg 8
House Rules for KinderQuOM	Pg 9
Adult Registration Form	Pg 10
Code of Ethics *	Pg 11

<sup>\*</sup> Note all Adults, youth of the age of majority, con staff, YAC, and others who consider themselves in leadership roles must also sign these!

### A couple notes about the con:

- The conference fee is \$35. \$10 of this will be a travel equalization fee. This means that any youth groups that had to pay a lot of money to come to the con, because of distance or needing to take the bus/plane/train, can be reimbursed some or all of the money they spent getting there. This is to encourage youth and youth groups who would not normally be able to attend such an event to come to the QuOM con.
- If you or your youth group needs financial aid to attend the QuOM con, please email the QuOM YAC (quomyac@yahoogroups.com) and they will help you get there!
- One of the activities of free time will be skating on the canal. If this interests you, you may want to bring your skates and warm clothes. (Everyone should bring warm clothes as we WILL be going outside sometime during the conference.)

### What is KINDERQUOM all about?

Two years ago, the Canadian Unitarian Council (CUC) gained autonomy from the Unitarian Universalist Association (UUA) and in so doing split the St. Lawrence District (Upstate New York, Southern Ontario, Quebec) and Northeast District (Maine, Atlantic Canada) in half along national boundaries. The new CUC regions of Eastern Canada and Central Canada stretch from Kingston to St. John's and Peterborough to Windsor, respectively. However, youth programming is not strong enough to survive on its own in either region. The solution: QuOM Con. Last year it was called Construct-a-Con, this year it's KinderQuOM.

At this conference (con), we will be building on the bi-regional youth structure we constructed last year, under the name QuOM (Quebec, Ontario, Maritimes; pronounced Qualm). Through large group discussions and meetings and small group workshops, we will work to enhance existing youth groups and develop new ones. We will look at how youth in this region can relate to other UU youth, broader UU initiatives and the world around them. Like any con, though, there will still be opportunities to socialize with some of the greatest youth in the area. Come help build our new youth region and take home a piece of the enthusiasm.

### Why should you come?

#### Because:

- You want to have a great time! Cons are a great place to meet lots of cool, socially aware, loving, caring youth (and adults, too!)
- You want to have a say in the creation of the new QuOM region! This is your opportunity to have an
  impact on youth programming in this half of the country.
- You want to make your youth group more enjoyable and more interesting or just get a youth group started at your church! There will be many workshops relating to individual youth groups and their development.
- You want to get involved with the larger UU structure! We will be examining how we can each
  participate in UU social justice movements; regional, national and continental youth bodies and other
  great projects.

# KinderQuom

## February 27 to February 29

First Unitarian Congregation of Ottawa 30 Cleary Ave. Ottawa, Ontario

### Directions:

From the Queensway:

Take the Queensway to Woodroffe, North. Continue north on Woodroffe, crossing Carling Avenue (with a jog to the right then left) and going past Carlingwood Shopping Centre till you reach Richmond Road. Take a right on Richmond Road and go to the next traffic light, Cleary Avenue, and turn left. We are at the end of Cleary Avenue behind Unitarian House. There is ample free parking

From Hwy 401 E or W:

Take the Hwy-416 N exit- exit number 721a- toward Ottawa. 2.0 miles, 3.2 km Merge onto Provincial Route 416 N. 44.4 miles, 71 km

Take the hwy-417 e/rte-417 e exit toward Ottawa. 0.9 miles, 1.5 km

Merge onto provincial route 417 e. 2.1 miles, 3.3 km

Take the Woodroffe Ave. exit- exit number 127- toward Nepean. 0.1 mi, 0.2 km

Turn slight left to take the Woodroffe Ave. North ramp. 0.0 miles/km

Turn left onto Woodroffe Ave. continue to follow Woodroffe Ave 0.6 miles, 1 km

Turn right onto Carling Ave 0.1 miles, 0.2 km

Turn left onto Woodroffe Ave 0.5 miles, 0.9 km

Turn right onto Richmond Rd. 0.3 miles, 0.5 km

Turn left onto Cleary Ave 0.0 miles/km

If you get lost en route to the con, call 613-292-6015 and we'll help you find the church!!

Things to Bring:

- Sleeping Bag
- Pillow
- Clothes (it's winter)
- Toiletries (toothpaste, toothbrush, etc.)
- Your Brain

Other Information

Registration Fee: \$35 CDN for Youth, and
Optional but welcome for Adults. All profits go back
into youth programming and next year's QuOM con.
The Con Registration begins at 6:00pm and Goodbyes
must be said 9:30 am

Registration forms and 8 if not

Any Questions? Please Contact;

Sean (Co-Funkmaster)

kinder\_co\_funk1@yahoo,ca

(613)-269-3414

Dara (Registrar) canagochic637@hotmail.com (613) 744-6473

# PLEASE RSVP!!

In order to make sure we have enough food for everyone we need to know how many people to expect!! All other registration forms and 8 may be brought to the conference, but we need to know numbers. So please fill in the following information and send it to our registrar, Dara, ASAP by either e-mail canagochic 637 @homail.com, or by snail mail: Dara Stillman

P.O. Box 866 Sta. B Ottawa, ON K1P 5T1

Your Congregation
Number of Youth Attending
Number of Adults Attending
Group Contact Name
Group Contact e-mail address?
Group Contact phone number?
Mode of Transportation
Need to be picked up? If so day, time, where
Approximate Arrival Time
Any specific Dietary Needs?
Any Allergies?
Any thing else you want to tell us?

<u>If you want to attend the con send this back by</u>

<u>February 13 at the Very latest!!</u>

### QuOM YAC Elections!

A YAC is a Youth Adult Committee which will help create and support a UU youth community in this part of Canada. If you are dedicated, and love to be UU, this is a great way to put your faith in action!

This QuOM con, there will be two elected positions open on our QuOM YAC! One will be for an eastern region (Kingston and east) youth, and one for an adult which can come from anywhere within the QuOM region! If you are an interested in the Eastern Youth or adult position simply get nominated (sign-up) at the QuOM con. If you can't attend the con, send an e-mail to the QuOM YAC (quomyac@yahoogroups.com) with your intention to run, a speech, and the name of the person who will read your speech.

As a member of the YAC your principle job is attending and participating in meetings. There are three weekend-long meetings a year in addition to teleconferences, meetings at other youth and denominational conferences, and a monthly MSN "check-in" along with some email communication.

Work done outside these meetings (e.g. finding youth event hosts or collaborative authoring of youth program resources) is shared among all YAC members. Personal schedules are worked around with each member of the team contributing as able. It is not a "Youth Committee" or an "Adult Committee" youth and adults work together as peers. Youth who are on YAC should check their email regularily, be organized, dedicated, somewhat connected to youth happenings in QuOM, excited, motivated and be ready to work hard to make this region as AWESOME as it can be!! (And being on YAC is LOTS of fun:)

## Kinder QuOM Youth Registration Form Con Fee: \$35

One form per person.

First Name: Last Name:			
Address:			
<i>C</i> ity:	Province:		
Postal Code:			
Phone: ()	Sex:FemaleMa	e	
E-mail:	Birthdate:/(m	m/dd/yy)	
Please circle one: Omnivore	e Carnivore Vegetarian Veg	gan	
Allergies:			
Name of UU Congregation:			
City of UU Congregation:			
Accompanying adult advisor(s)			
I have read the Attached RULES FOR I EMERGENCEY MEDICAL TREATM	KinderQuOM. In case of emergency I authorized the MENT.	orize the administration of	
I have read the Attached RULES FOR I EMERGENCEY MEDICAL TREATM  (Signature of Parent/Guardian, youth m	KinderQuOM. In case of emergency I authorized the MENT.  The state of emergency I authorized the state	orize the administration of  (Date)	
I have read the Attached RULES FOR I EMERGENCEY MEDICAL TREATM  (Signature of Parent/Guardian, youth m	KinderQuOM. In case of emergency I authories.  MENT.  May sign if 18 years or older)	orize the administration of  (Date)	
I have read the Attached RULES FOR I EMERGENCEY MEDICAL TREATM  (Signature of Parent/Guardian, youth m  Medical Conditions:	KinderQuOM. In case of emergency I authorized the MENT.  The state of emergency I authorized the state	orize the administration of  (Date)	
I have read the Attached RULES FOR I EMERGENCEY MEDICAL TREATM  (Signature of Parent/Guardian, youth m  Medical Conditions:  (Please list me	KinderQuOM. In case of emergency I authorized the MENT.  The state of emergency I authorized the state	orize the administration of  (Date)	

Please DO NOT sign unless the above form is complete. YOUTH PLEASE SIGN THE KINDERQUOM AND HOUSE RULES ON THE FOLLOWING PAGES

## Rules for KinderQuOM

The following rules have been adapted from the St Lawrence District's rules. They are consistent with our Unitarian Universalist belief in freedom and responsibility and are designed to promote the well-being of all the people involved in youth activities. **These rules apply while traveling to and from the event as well.** 

- **A.** All participants must sign indicating their agreement to these rules.
- **B.** The Youth Adult Committee of the QuOM (Central and Eastern CUC Regions), in cooperation with the host group and congregation, assume responsibility and have final authority for the conduct of youth conferences and other youth events.
- C. The age range for youth activities in QuOM will be 13-20.
- **D.** The adult/youth ratio at all QuOM sponsored youth activities will be 1:7.
- E. No alcohol, dangerous materials, weapons, or illegal drugs
- **F.** Specific areas, and times, will be provided for smoking along with other restrictions to discourage any non-smoker from starting to do so at an event.
- **G**. Sexuality is an important part of life but also an area for caution and care and should be matched with respect for others, oneself, and the community. All members of the conference community must respect others' physical boundaries. Inappropriate sexual behaviors such as intercourse or harassment will not be tolerated. Exclusive and/or overtly sexual relationships detract from the community and are strongly discouraged during the conference. The community reserves the right to deem any behavior inappropriate.
- **H**. Gender segregated and mixed gender sleeping areas will be provided wherever possible.
- I. No leaving or arriving at the designated conference area without permission from the registrar. The Conference site will be closed to entrance or exit (except for emergencies and overnight volunteers) during night time hours (usually 2am-7am).
- J. It is expected that all conferees (youth and adults) will participate in the program.
- **K**. Hosts may *add* to these rules and such additions are considered part of these rules.
- L. Violation of these rules will result in a meeting of the Spirit Committee. This committee will determine appropriate action, which could include the conferee and the entire group with whom he/she traveled having to leave the conference.

I have read the above rules and agree to	abide by them:	
Signature of conferee	Date	

\* Note all Adults, youth of the age of majority, con staff, YAC, and others who consider themselves in leadership roles must also sign the *Code of Ethics* 

## House Rules for KinderQuOM

<b>A</b>	T A	4.		1 . 1		•	1 .		1 1	1
$\Delta$	-INO	earing	$\alpha$ r	arın	kıno.	ın	worshi	n	ทลเ	
4 1.	110	cating	OI '	ui III.	KIII S	111	WOISHI	ν.	пи	1

- **B.** Smoking is permitted only in designated areas and no bumming of cigarettes will be tolerated (this is to ensure no one starts smoking at the con). Also cigarette butts must be put in the designated butt cans.
- **C.** Conferees must observe quiet time and lock-in. Lock-in is from 1am until breakfast the following morning.
- **D.** It is very highly encouraged for all conferees (youth and adults) to participate in all con programming.
- **E.** No disturbing Unitarian House.
- **F.** No removing of the red cushions from the pews in Worship Hall.
- **G.** Respect for advisors' sleeping areas will be adhered to (this is to ensure your advisors are adequately rested to drive you home safely).
- **H.** All members of the community must respect others' and their own physical boundaries. Inappropriate behavior (i.e. sexual intercourse or sexual harassment) is not permitted.
- **I.** No illegal drugs, alcohol, dangerous materials, or firearms.
- J. TAKE CARE OF YOURSELF.
- K. BE CONSIDERATE AND RESPECTFUL OF YOUR SELF AND OTHERS.
- **L.** BE RESPECTFUL OF THE MEETING PLACE. Hosting our conferences at The First Unitarian Congregation of Ottawa is a privilege so clean up after yourself.

THE ENFORCEMENT OF THESE RULES IS EVERYONE'S RESPONSIBILITY.

I have read the above rules and agre-	to abide by them.	
Signature of conferee	Date	

\*EVERYONE MUST SIGN THESE.

# KinderQuOM Adult Registration Form

One form per person.

ATTACHED: \$\_\_\_\_\_

Con Fee: \$35 (optional)

Please contribute to the Save Dara's Eyes Foundation, print clearly. First Name: \_\_\_\_ Last Name: Address: Province: City: Postal Code: ( ) Sex: Female Male Phone: \_\_\_\_\_\_ Birthdate:\_\_\_/\_\_\_ (mm/dd/yy) E-mail: Please circle one: Omnivore Carnivore Vegetarian Vegan Allergies: Name of UU Congregation: \_\_\_\_\_ City of UU Congregation: Mode of Transportation: (Use one form for up to 7 youth per advisor) I am accompanying the following youth whose completed REGISTRATION FORMS, RULES AGREEMENT AND CONFERENCE FEES ARE ATTACHED. 2. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_ TOTAL CONFERENCE FEE

GIVE THIS FORM TO THE CONFERENCE REGISTRAR WHEN YOU ARRIVE.

PLEASE SIGN THE CODE OF ETHICS ON THE FOLLOWING PAGE AND THE HOUSE RULES ON THE PREVIOUS PAGE

### CODE OF ETHICS for adults and youth in leadership roles:

Adults and youth in leadership roles are in a position of stewardship and play a key role in fostering the spiritual development of both individuals and the community. It is therefore especially important that those in leadership positions be well qualified to provide the special nurture, care, and support that enable youth to develop a positive sense of self and a spirit of independence and responsibility. The relationship between young people and their leaders must be one of mutual respect if their potential is to be realized.

There are no more important areas of growth than those of self-worth and the development of a healthy identity as a sexual being. Leaders play a key role in assisting youth in these areas of growth. Wisdom dictates that all those involved suffer damaging effects when leaders become sexually involved with those they are leading; therefore, leaders will refrain from engaging in sexual, seductive, or erotic behavior with youth in the community. Nor shall they sexually harass or engage in behavior with youth that constitutes verbal, emotional, or physical abuse.

Leaders shall be informed of this code of ethics and agree to it before assuming their role. If this code is violated, appropriate action will be taken.

As an adult or youth in a leadership role certify that I have read and understood	,
the Conference Code of Ethics.	
Signature	Date

<sup>\*</sup> Note all Adults, youth of the age of majority, con staff, YAC, and others who consider themselves in leadership roles must also sign these!